

## Available Resources

### Crises and Emergency, Housing, Food, and Healthcare

- **2-1-1**
  - o Call 2-1-1 or visit <https://www.211.org/>
  - o Note: If you are experiencing domestic violence and need immediate shelter, please review the available resources below.
- **National Domestic Violence Line**
  - o Phone: 1-800-799-SAFE (7233)
- **The Family Violence Law Center (Mobile Response Team)**
  - o Provides emergency assistance and advocacy to women and children in immediate danger of violence in Alameda County.
  - o You can call their 24-hour crisis line for victims of domestic violence at 510-757-5123 or 1-800-947-8301.

### Employment and Training

- **Adult Education Transition Program at the College of Alameda**
  - o If you still need to complete your General Educational Development Test (GED), please contact the Adult Education Transition Program at the College of Alameda located at 555 Ralph Appezato Memorial Parkway. Open Monday-Friday 8am to 4pm.
  - o <https://alameda.edu/students/adult-education-transition-program/>
  - o Please contact Kawanna Rollins, Transitions Liaison at [krollins@peralta.edu](mailto:krollins@peralta.edu); Phone: 510-270-0004
- **College of Alameda (Career Technical Education Programs)**
  - o <https://alameda.edu/academics/career-technical-education-programs/>
  - o 555 Ralph Appezato Memorial Parkway Alameda, Ca, 94501
  - o Phone: 510-522-7221
- **Five Keys Charter**
  - o [www.fivekeyscharter.org](http://www.fivekeyscharter.org)
  - o 320 13<sup>th</sup> Street , Oakland
  - o Phone: 510-788-4061
- **Cypress Mandela Training Center**
  - o [www.cypressmandela.org](http://www.cypressmandela.org)
  - o 977 66<sup>th</sup> Avenue, Oakland, CA, 94621
  - o Phone: 510-208-7350
- **Tradeswomen Inc.**
  - o <https://tradeswomen.org/>
  - o 337 17<sup>th</sup> Street, Suite 204, Oakland, CA, 94612
  - o Phone: 510-891-1243

- **Alameda Promise Grant**
  - o <https://alameda.edu/college-promise/>
- **America's Job Center of California**
  - o [https://edd.ca.gov/en/jobs\\_and\\_training/TCLobby/](https://edd.ca.gov/en/jobs_and_training/TCLobby/)
  - o Phone: 1-800-300-5616

## Housing Assistance

- **ECHO Housing Assistance**
  - o ECHO's Rental Assistance Program assists residents living in Alameda County with move-in costs or delinquent rent due to a temporary financial setback
  - o Phone: 510-581-9380
- **Behavior Health Care Services - Housing Assistance Fund**
  - o Financial Assistance to help individuals and their families move out of homelessness, including emergency rent payments to prevent eviction
  - o Phone: 510-567-8016
- **Alameda County Housing Secure**
  - o <https://www.ac-housingsecure.org/>
  - o Alameda County Housing Secure (ACHS) administers the Emergency Rental Assistance Program (ERAP).
  - o Phone: 510-994-0733
  - o Email: [erap@acgov.org](mailto:erap@acgov.org)
- **Season of Sharing**
  - o <https://www.alamedacountysocialservices.org/our-services/Shelter-and-Housing/Other-Support/season-of-sharing>
  - o Rent and Deposit Assistance for families.
  - o Phone: 510-272-3700
- **HELP (Help & Emergency Lodging Program)**
  - o [Online application](#)
  - o Provides ONE-TIME emergency assistance to Alameda County residents to prevent homelessness and transition to permanent housing.
  - o Phone: 510-259-2200
- **Centro Legal de la Raza**
  - o [www.centrolegal.org](http://www.centrolegal.org)
  - o Phone: 510-437-1554
  - o Emergency Rental Assistance for Alameda County residents and other resources.
- **California Mortgage Relief**
  - o <https://camortgagerelief.org/>
- **Habitat for Humanity East Bay Housing and Financial Counseling**
  - o One on one counseling, financial education workshops, first-time homebuyer classes, financial education center
  - o <https://www.habitatetsv.org/services/housing-counseling>

## Healthcare

- **Covered California**
  - o [www.healthforcalifornia.com](http://www.healthforcalifornia.com)
  - o Phone: 877-752-4737
- **Alameda County Health Care**
  - o [www.achch.org/get-help](http://www.achch.org/get-help)
- **AC Care Connect**
  - o Phone: 800-422-9495
- **Behavioral Healthcare**
  - o [www.acbhcs.org](http://www.acbhcs.org)
  - o Phone: 800-491-9099
- **Substance Use Treatment and Referral Helpline**
  - o Helpline: 1-844-682-7215 is now available.
  - o Visit the website for more information. <https://www.acbhcs.org/substance-use-treatment/>

### Mental Health Resources

- **Crisis Support Services of Alameda County**
  - o 24 Hour Crisis Support Service; local text line, therapy groups, therapy for older adults, school-based counseling, grief therapy, community education
  - o Phone: 800-309-2131 or [crisissupport.org](http://crisissupport.org)
- **California Mental Health Services**
  - o <https://www.dhcs.ca.gov/services/Pages/MentalHealthPrograms-Svcs.aspx>
- **Family Partnership Program**
  - o Provides support to families in CalWORKS who have infants and children under 3 years old participate in a comprehensive, culturally sensitive and inclusive program to help meet the emotional, social, health, nutritional, and psychological needs of their children, and also support the parents and families in improving their lives.
  - o <https://www.brighter-beginnings.org/programs/parenting-and-child-development/family-partnership-program/>
  - o Phone: 510-383-5129

### Debt and Financial Counseling

- **SparkPoint from United Way**
  - o Financial, employment, food/housing support
  - o Phone: 425-225-8855
- [UWBA@emccommunications.com](mailto:UWBA@emccommunications.com)

### Childcare and Family Services

- **First 5 Alameda County**
  - Parent engagement and support
  - Phone: 510-227-6900
  - <http://www.first5alameda.org/>
- **Alameda Family Services**
  - Early Childhood and family support
  - Phone: 510-629-6300
  - <https://alamedafs.org/>

\*See additional resources compiled by Alameda County: **Alameda County Resource Guide for Men, Women and Children in English-Spanish (2022)**